

FAMILY ADVOCACY DAY

YOUR GUIDE TO WASHINGTON DC

JUNE 12 – 14, 2024

WELCOME TO DC!

We are so excited to welcome you to Washington, DC for our 19th Annual Family Advocacy Day. While you are here, we want to make your stay as seamless as possible. In this packet, you will find additional food and beverage options, tourism information, transportation tips, and other helpful information to make the most of your time in our nation's capital. If you have questions or need assistance, please text or email Paige Mihalik at [\(727\) 631-8740](tel:7276318740) or paige.mihalik@childrenshospitals.org.

AIRPORT TRAVEL

Washington, D.C. has three airports in the surrounding area. Below are their names and options for transportation into the city.

[Ronald Reagan Washington National Airport \(DCA, Reagan, or National\)](#)

- 3 miles from the hotel
- Recommended transportation:
 - Taxi, Uber, or Lyft
 - Taxis and the rideshare pick-up area are outside baggage claim

[Dulles International Airport \(IAD or Dulles\)](#)

- 27 miles from the hotel
- Recommended transportation:
 - Taxi, Uber, or Lyft
- **Rideshare pickup** is available on the ground level accessible via doors 2, 4, and 6. Both apps will designate a pickup zone 3A-3H.
- **Taxis** are available 24 hours a day from the lower level of the terminal, outside Doors 2 and 6.

The DC Metro is available from both Dulles and DCA airports—find the DC Metro Map [here](#).

- You will need to purchase a metro pass.
- From Dulles, take the Silver Line to the Federal Triangle stop.
- From DCA, take the Blue Line to the Metro Center stop.

To reserve a **wheelchair-accessible taxi at IAD or DCA**, call one of the following companies ahead of your arrival:

- **Royal Taxi:** 202-398-0500
- **Yellow Paratransit:** 202-544-1213

[Baltimore/Washington International Thurgood Marshall Airport \(BWI or Baltimore Airport\)](#)

- 35 miles from the hotel
- Recommended transportation:
 - Uber or Lyft
 - Rideshare pick-up is along the upper level between Doors 5 through 12.

To reserve a **wheelchair-accessible taxi at BWI**, call the following company ahead of your arrival:

- **BWI Airport Taxi:** 410-859-1100

TRAIN STATIONS

Washington, D.C. also has a major train station.

[Union Station](#)

- 2 miles from the hotel
- Recommended transportation:
 - Taxi, Uber, or Lyft
- The DC Metro is available—find the DC Metro Map [here](#).
- Take the Red Line towards Glenmont to Union Station

*Wheelchairs are *not* available at Union Station

HOME BASE

Accommodations and event activities will take place at the [JW Marriott Washington, DC](#), located at 1331 Pennsylvania Ave NW Washington, DC 20004

Family Advocacy Day **check-in tables will open at 2:00 PM ET on Wednesday, June 12th** and all relevant areas and rooms will feature Family Advocacy Day signage. Staff will be onsite to help with any additional needs or questions – look for the black shirts!

For more information on specific event details please contact Paige Mihalik at Paige.Mihalik@childrenshospital.org.

HOTEL SAFETY

If the hotel fire alarm goes off at the hotel, guests are required to evacuate, and if you need elevator access, gather by the nearest elevator doors. A security guard will meet you at the elevator to unlock it to safely exit the building.

HEALTH CARE

If you need to pick up medication or go to urgent care, there are plenty of options near the hotel and the United States Capitol building.

JW Marriott Hotel Area Pharmacies + Urgent Care

- [CVS Pharmacy](#)
 - 1275 Pennsylvania Ave NW
 - Washington, DC 20004
 - +1(202) 638-4583
 - Pharmacy hours: 9 AM–1:30 PM, 2–7 PM
- [CVS Pharmacy](#)
 - 717 14th St NW
 - Washington, DC 20005
 - +1(202) 737-9525
 - Pharmacy hours: 9AM-6PM
- [Walgreens Pharmacy](#)
 - 1155 F St NW
 - Washington, DC 20004
 - +1(202) 969-8814
 - Pharmacy hours: 9AM-5PM
- [Metro Health](#) — Book online [here](#)
 - 1012 14th St NW, Unit 700
 - Washington, DC 20005
 - +1(202) 638-0750

- Hours: Weds 9:30AM-7:00PM, Thurs 8:30AM-5:00PM, Friday 9:30AM-5PM
- [AllCare Primary & Immediate Care](#) — Book online [here](#)
 - 1710 Rhode Island Ave NW
 - Washington, DC 20036
 - +1(202) 787-1979

U.S. Capitol Area Pharmacies + Urgent Care

- [CVS Pharmacy](#)
 - 645 H St NE
 - Washington, DC 20002
 - +1(202) 544-1878
 - Pharmacy hours: 9AM-1:30PM and 2:00PM-8:00PM
- [CVS Pharmacy](#)
 - 661 Pennsylvania Ave SE
 - Washington, DC 20003
 - + 1(202) 543-3305
 - Pharmacy hours: 9AM-1:30PM and 2:00PM-8:00PM
- [MedStar Health Urgent Care](#) — Book online [here](#)
 - 228 Seventh St SE
 - Washington, DC 20003
 - +1(833) 955-0320
 - Hours: 7AM-5:30PM

Other Area Hospitals + Care

**In case of an emergency, please call 911*

- [George Washington University Hospital](#)
 - 1900 23rd St NW
 - Washington, DC 20037
- [Children's National Hospital](#)
 - 111 Michigan Ave NW
 - Washington, DC 20010
- [PM Pediatric Urgent Care](#)
 - USA Building
 - 3100 14th St NW
 - Irving St NW Entrance Suite 125
 - Washington, DC 20010

ATTIRE

DC weather can be hot and humid in June. Consider dressing in light and comfortable fabrics throughout your time in the city. Comfortable walking shoes are strongly recommended. Meeting with members of Congress will call for a more professional

dress code. However, your time with CHA at the hotel and exploring the city is casual.

STORES

Forget something at home? Here are some stores near the hotel:

- [TJ Maxx](#)
 - 601 13th St, NW
 - Washington, DC 20005
- [Macy's](#)
 - 1201 G St NW
 - Washington, DC 20005
- [Nordstrom Rack](#)
 - 555 12th St NW, Ste C120
 - Washington, DC 20004
- [Target](#)
 - 1515 New York Ave NE
 - Washington, DC 20002

TRANSPORTATION

We recommend downloading the [Lyft app](#) or [Uber app](#) and creating an account ahead of your trip. Ordering transportation through Lyft or Uber is the easiest way to get around the city.

For families needing ADA-compliant vehicles, we will also have a fleet of taxis available to transport you between the hotel and various Congressional Office Buildings from 8:30 AM until 6:00 PM.

Pick up and drop off times will be coordinated ahead of time based on your legislative meeting agenda.

Washington Metro

In addition to Lyft and Uber, the Washington Metro is available for your use.

- To board, each passenger will need a reloadable metro card. Metro cards can be purchased at the station and through the SmarTrip app and easily added to your Apple Wallet. [Here](#) are instructions on how to add your metro card to your Apple Wallet.

- The closest Metro station to the hotel is Metro Center, which services the blue, orange, silver and red lines.

FOOD & BEVERAGE

Looking for a bite to eat? Below are a few spots near the JW Marriott.

- [Old Ebbitt](#)
 - 675 15th St NW,
 - Washington, DC 20005
- [The Hamilton](#)
 - 600 14th St NW,
 - Washington, DC 20005
- [Devon and Blakely](#)
 - 1331 F St NW
 - Washington, DC 20004
- [Starbucks](#)
 - 1304 F St NW
 - Washington, DC 20004
- [West Wing Café](#)
 - 1111 Pennsylvania Ave. N.W, 12th St NW
 - Washington, DC 20004
- [Corner Bakery Café](#)
 - 529 14th St NW
 - Washington, DC 20045
- [District Taco](#)
 - 1309 F St NW
 - Washington, DC 20004
- [& Pizza](#)
 - 1005 E St NW
 - Washington, DC 20004

GROCERY STORES

CHA will provide snacks and drinks while at the hospital, but here are some grocery options if you have something specific in mind.

- [Safeway](#)
 - 490 L St NW,
 - Washington, DC 20001
- [Streets Market](#)
 - 1221 Massachusetts Ave NW,
 - Washington, DC 20005
- [Whole Foods Market](#)
 - 1440 P St NW
 - Washington, DC 20005

CAPITOL HILL TIPS & RESOURCES

A [map of the Capitol grounds](#) is available online, and below are resources to help guide your visit.

FOOD & BEVERAGE

Outside food and beverages are not permitted in the Capitol. **We will provide refreshments and snacks in Rayburn House Building room 2043.** Additionally, cafeterias and food courts can be found in the basement of the Rayburn and Longworth House office Buildings, the Dirksen Senate Office Building, the U.S. Capitol Visitor Center.

CHECKING OUT A WHEELCHAIR ON CAPITOL HILL

Visitors can borrow wheelchairs at the **Capitol Visitor Center's North Coat Check.** If you choose to borrow a wheelchair, you must present a valid, government-issued ID. Passports are not accepted. Wheelchairs must be returned by 4 p.m. and may be only used in the Capitol and Capitol Visitor Center.

Below is a list of wheelchair accessible entrances to the Capitol, House, and Senate buildings:

- **Capitol Building:** the south entrance for House business and north entrance for Senate business. [Information on wheelchair access is available online.](#)
- **Capitol Visitor Center:** main entrance at First and East Capitol streets
- **Cannon House Office Building:** on C Street, SE, west for 1st Street intersection
- **Longworth House Office Building:** Independence Avenue and South Capitol Street entrances
- **Rayburn House Office Building:** horseshoe drive off South Capitol Street and entrance on Independence Avenue
- **Russell Senate Office Building:** Delaware Avenue entrance on ground level closest to Constitution Avenue

CAPITOL HILL MEDICAL SERVICES

Should the need arise for minor medical attention, there are services available on Capitol Hill.

- **Cannon House Office Building**
 - Room 110
 - (202) 225-3470
- **Longworth House Office Building**
 - Room 1204
 - (202) 225-2500
- **Rayburn House Office Building**
 - Room B344
 - (202) 225-7131
- **Capitol Visitor Center**
 - Room HVC-100
 - (202) 225-5442
- **U.S. Capitol Building**
 - Room H166
 - (202) 225-5421

*If you are experiencing an emergency, call 911 immediately.

TOURISM

There are endless activities in Washington, DC. Below you will find places to stop and spend some time.

- **DC Bus Tour:** Old Town Trolley is offering a special discount to families attending FAD, use promo code "FAD2024" for 15% off your tickets.

NEARBY MONUMENTS

- **The White House**
 - 1600 Pennsylvania Ave NW
 - Washington, DC 20500
- **Washington Monument**
 - 2 15th St NW
 - Washington, DC 20024
- **Lincoln Memorial**
 - 2 Lincoln Memorial Cir NW,
 - Washington, DC 20037)
- **Jefferson Monument**
 - 16 E Basin Dr SW
 - Washington, DC 20024
- **MLK Monument**
 - 1850 W Basin Dr SW
 - Washington, DC 20024
- **WWII Veterans Memorial**
 - 1750 Independence Ave SW
 - Washington, DC 20024
- **Vietnam Veterans Memorial**
 - 5 Henry Bacon Dr NW
 - Washington, DC 20002

MUSEUMS

- [Museum of African American History and Culture](#) (Free)
- [Air & Space Museum](#) (Free)
- [National Museum of American History Museum](#) (Free)
- [National Portrait Gallery](#) (Free)
- [National Children's Museum](#)
 - (Paid Tickets Required) – Families participating in FAD get a 10% discount using the promo code: "CHAFY24" at checkout. (Eligible for online and walk-in purchases, online is recommended to reserve time)
- [The International Spy Museum](#) (Paid Tickets Required)
- [Planet Word Museum](#) (Paid Tickets Required)
- [The International Spy Museum](#) (Paid Tickets Required)
- Smithsonian Zoo

PLAYGROUNDS

- **Franklin Park**
 - 1332 I St NW
 - Washington, DC 20005
- **Stanton Park**
 - 6th street NE & 226 4th St NE
 - Washington, DC 20002
- **Marion Park**
 - E St SE & 6th St SE / 401-479 E St SE
 - Washington, DC 20003
- **Garfield Park**
 - 1-299 South Carolina Ave SE
 - Washington, DC 20003

WHAT TO BRING

- Car or booster seat, if necessary
- Comfortable walking shoes
- Professional and casual clothes for the family
- Medications, if necessary

ADDITIONAL RESOURCES

You can find a detailed schedule, a story-telling guide, and more resources on the Family Advocacy Day website under the "[Resources](#)" page.

THANK YOU FOR PARTICIPATING IN FAD2024!
TOGETHER, WE ARE #TEAMCHA

